

Managing Change



A Workshop for Managers and Team Leaders

From Turkey Twizzlers to healthy school dinners - that's what Jamie Oliver had to change. Find out more about how Jamie Oliver facilitated the change in schools and how you can apply some of the tools and techniques in your organisation.

Workshop aim:

"To equip managers and team leaders with the knowledge, skills, techniques and tools that they need to facilitate the change process within their

teams and to help focus the team on targets that need to be achieved during these times."

Is your organisation or department experiencing a period of change - to products, services, procedures, structures or people? Are you expected to manage your team through this period of uncertainty and change? Would you welcome some tools and techniques to manage this process successfully and learn more about how Jamie Oliver handled the change to healthy food? If so, then our Managing Change Workshop is for you!

Here's what you will learn on the Workshop:

- Why do things have to change?
- How and why people react as they do to change;
- How do you feel - analysis of your own reaction to change;
- The stages of reaction to change - the 'Transition Curve';
- Analysing and dealing with other peoples' reactions to change;
- How to help people to let go of the past;
- How to use a force field analysis to prepare people for change;
- Techniques for implementing change;
- Communication strategies including the use of an 'Elevator Speech';
- How to keep focused during change - customers, teams and individuals.

The Workshop uses the latest Video Arts DVD - 'Jamie's School Dinners - Living with Change' (based on the highly successful TV series).

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